

Practical Applications for Leading Self

Heath Tibbetts & Bob Bumgarner

Heath's Recommended Resource List

Liberating Ministry from the Success Syndrome: Kent & Barbara Hughes

Praying the Bible: Donald Whitney

George Muller, Man of Faith and Miracles: Basil Miller

Thom Rainer on Leadership Podcast

Carey Nieuwhof Leadership Podcast

YouVersion Bible App

Practical Tips for Self-Leading

Three key areas for leading yourself

Spiritual Self-Leading

1. Prayer
 - Don't get stuck in your prayer list
 - Romans 8:26-27
 - Use prayer as a point of contact and accountability with other ministers
2. Bible study
 - Study for personal growth, not for teaching responsibilities
 - Use YouVersion's Bible App to build community with others as they read

Emotional Self-Leading

1. Don't get too up or too down
 - Ministry momentum can be fickle. "Success" in ministry is not easily quantified.
 - Scripture's reminder is that joy is found in recognizing God's work.
 - Psalm 66:1-3, Philippians 1:18
2. Keep on Learning
 - Good leaders must be continuous learners
 - Allow Christian mentors to speak into your life (locally, books, podcasts)

Physical Self-Leading

1. Do it for God
 - Physical health is a spiritual issue.
 - 1 Corinthians 10:31
2. Do it for Family
 - Never allow preventable health issues to keep you from family interaction
 - Be an example for your family. Make goals, not excuses.